
From: Board of Health <Board@mlhu.on.ca>

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Subject: Introducing Community Health Status Resource Dashboards - Middlesex-London Health Unit

On behalf of Board of Health Chair Mike Steele

Good morning,

We're pleased to let you know that throughout 2025, the Middlesex-London Health Unit will roll out a new [Community Health Status Resource \(CHSR\) series](#), providing updated regional and provincial data on a variety of topics, each accompanied by an infographic. These resources offer individuals and organizations insights into the health of our community and serve as a valuable tool in the pursuit of evidence-based decision-making.

Today, we introduce the first dashboard in our series, **Substance Use**. This dashboard informs those who want to better understand substance use trends in our region. Specifically, the dashboard covers trends in the use of vaping, street drugs, opioids, crystal methamphetamines, commercial tobacco, alcohol, and cannabis.

We encourage you to explore the data and insights within this dashboard and let us know what you think. We are eager to hear your thoughts on the tool, its functionality and how you will use it in your own work. If you have questions or encounter any technical problems while using the tools, please let us know.

Thank you for your interest in the work of the Middlesex-London Health Unit and the health of our community.

– Mike Steele, Board of Health Chair, Middlesex-London Health Unit

Middlesex-London Board of Health

Middlesex-London Health Unit

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The Middlesex London Health Unit is committed to reconciliation with Indigenous peoples and communities. We acknowledge our obligation to improve the health and wellness of Indigenous people in our region and are committed to taking action to bring about change. For the full statement on our commitment to reconciliation and our action plan, visit [Indigenous Reconciliation](#).